

ANSI/CTA Standard

**Physical Activity Monitoring for Fitness
Wearables: Step Counting**

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**Consumer
Technology
Association™**

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(Formulated under the cognizance of the CTA **R6.4 Health & Fitness Technology Subcommittee.**)

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FOREWORD

This standard was developed by the Consumer Technology Association's Health and Fitness Technology Subcommittee.

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Physical Activity Monitoring for Fitness Wearables Step Counting

1 Scope

This standard creates definitions and performance criteria for measuring step counting on consumer wearable or app-based Physical Activity Monitoring Devices.

2 References

2.1 Informative References

The following references contain provisions that, through reference in this text, constitute informative provisions of this standard. At the time of publication, the edition indicated was valid. All standards are subject to revision, and parties to agreements based on this standard are encouraged to investigate the possibility of applying the most recent edition of the standard indicated below.

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